SELF RELIANCE FESTIVAL



CIRCUS TENIT SCHEDULE

DAY 1 - SATURDAY

- ✓ 0900: SPAGS & NICOLE SAUCE

 SRF 2025 KICKOFF
- ✓ 0915: BROOKE WHIPPLE RAW LAND TO RURAL FREEDOM: BUILDING A HOMESTEAD LIFE ONE FRUGAL STEP AT A TIME
- 1030: DR KEN BERRY PROPER HUMAN DIET
- ✓ 1330: JOEL RYALS FORTRESS MINDSET: REAL-WORLD FAMILY DEFENSE
- DEMAND HEALTH OPT OUT OF THE
 PHARMACEUTICAL SYSTEM
- ✓ 1600: SHAWN MILLS
 THE IMPACT OF TARIFFS ON SOLAR
- ✓ 1630: SCOTT ARMSTRONG LIVE FROM SRF
- ✓ 1700: SPACE & NICOLE SAUCE WRAP-UP & GIVEAWAYS

DAY 2 - SUNDAY

- O900: SPAGS & NICOLE SAUCE
 DAY 2 KICKOFF
- ✓ 0915: SONNY PUZIKAS LIKE FATHER, LIKE SON: HOMESCHOOL YOUR BOYS
- ✓ 1030: SEAN FROM OFF-GRID & GROWING
 LIVING OFF-GRID IN THE DIGITAL AGE
- ✓ 1115: COMBAT MIDWIFE
 PREPPING FOR WOMEN IN YOUR LIFE
- ✓ 1230: TAG
 THE SYSTEM IS LYING TO YOU: WHAT REAL FREEDOM
 ACTUALLY LOOKS LIKE
- ✓ 1345: JOHN PUGLIANO

 TRADE WITH OTHER TRIBES
- ✓ 1415: CHUCK PEOPLES
 DISPELLING THE MYTHS OF MEDICAL PREPAREDNESS
- ✓ 1515: NICOLE SAUCE
 ABUNDANCE NOT BURNOUT: REVENUE STREAMS FOR
 YOUR HOMESTEAD
- ✓ 1600: SPACE & NICOLE SAUCE WRAP-UP & GIVEAWAYS



DEMONSTRATION SCHEDULE CHECK INFO BOOTH FOR LOCATIONS

DAY 1 - SATURDAY

1015-1045

DIRECT SOLAR WITH RYAN STEVA

1130-1200

HEMPCRETE WITH IMANEE

MAMALUTION AND RIVER RICHARDSON

1415-1445

CHEESE MAKING WITH ANGELA

& GARREN ALLARD

1530-1600

DEFENSE DOG DEMOS WITH JOEL RYALS

DAY 2 - SUNDAY

1015-1045

CHAINSAWING WITH CHRIS WATKINS

STARTING A FOOD FOREST WITH MATT &

GABBY HUNDLEY

1315-1345

BEES WITH WILL REBORN

1445-1515

ANIMAL FIRST AID WITH BRENDA

SNYDER

ALL DAY DEMOS

CHURNING BUTTER THE OLD WAY, VALERIE TONGETTE
BIOCHAR, BRUCE DEVRIES
WEAVING & SPINNING, EILEEN WIRZIG
KNOT TYING, CHRIST WATKINS
HF RADIO, JOHN PUGLIANO



SRF KIDS SCHEDULE

WITH TIFFANY HERNANDEZ

DAY 1 - SATURDAY

- 9:00 WELCOME & INTRODUCTIONS
- 9:30 BUILD A FIRST AID KIT
- ✓ 11:00 MAKING YOUR OWN

 LUNCH
- 13:30 BUILD SURVIVAL LANTERNS

DAY 2 - SUNDAY

- 10:00 GET STARTED
- 11:30 MAKING YOUR OWN LUNCH
- 12:30 TREASUREHUNT/SCAVENGER HUNT
- 13:30 PRIZES & GOODBYES



SRFTEENIS SCHEDULE

WITH ALAN BOOKER & OPALYN BRENGER

DAY 1 - SATURDAY

- 9:00 FIRE STARTING CHALLENGE
- 9:30 STOP THE BLEED
- 10:30 MAINTAINING COREBODY TEMPERATURE
- 12:30 LUNCH OVER THE FIRE

- 21:00 OPTIONAL NIGHT MISSION

DAY 2 - SUNDAY

- 9:00 LEARNING NAVIGATION
- **●** 10:00 NAVIGATION EXERCISE
- 12:30 LUNCH OVER THE FIRE
- ◆ 13:30 GROWING UP OVER THE NEXT DECADES
- 15:00 DISMISSAL



UNJECTED SINGLES MEETUP



FOOD INFORMATION

- Food and some beverages will be available for purchase on site from food trucks and vendors. Water is also available.
- We will serve Holler Roast Coffee for a freewill donation.
- Eating options in the area
 - Restaurants
 - Groceries, Food, Supplies
- A Note:
 - Do you make yummy things? Please sign up to sell food at Self-Reliance Festival by purchasing your vendor spot. For questions, email us at <u>eventmanager@selfreliancefestival.com</u>



VENDORS

- South Portable Buildings: An authorized dealer of Graceland Portable Buildings, with a variety of sheds, tiny homes, cabins, garages, and carports. Also on offer are chicken coops, dog kennels, children's play-sets, and trailers.
- <u>Buffalo Spirit Farm</u>: Natural, pesticide-free herbal remedies designed to ease common ailments. Rooted in thorough research and a commitment to purity, they grow and harvest only the best that nature provides. Every remedy is made onsite with simple, easy-to-use ingredients—free from artificial additives and inspired by traditional healing practices.
- <u>The LOTS Project:</u> Join Brian and the Workshop Crew in the Creator's Tent for livestreams, interviews, and more.
- <u>Grumpy Acres Farm</u>: Garren and Angela have been supplying our community with amazing freeze-dried meals, solar ovens and homestead medicinals since the early days. Come see what new goodies and treats are in store for you at SRF.
- <u>Homestead Medical:</u> Homestead Medical is here to help you make sure you are ready for any medical emergency. Get your supplies and kits from our booth at SRF and sign up for some training with our experts.

Field Caniole

VENDORS

- <u>Forward Training Concepts</u>: Sonny Puzikas has trained with the best and is one of the premier instructors in our country. Fighting, martial arts, dealing with and understanding violence... knowing it intimately has been his passion for 40 years.
- Fortress K9: Man's best friend, loyal protector and constant companion is what you get with Fortress K9 dogs. If you are looking for a top tier performance animal and the support of world class trainers, come visit our booth outside at SRF. We also have merchandise available onsite for all your canine needs.
- Holler Roast: Coffee so fresh, it's cheeky straight to you! We all know that best tasting and freshest coffee we know of comes from Holler Roast Coffee. Get rid of that bitter brew and taste the difference at our SRF booth.
- ThunderHill Farm: Revolutionize Your Cooking, Your Life, & Your World! Find your inspiration with our homemade sweet & savory sauces from our gardens & orchard in Northern Wisconsin. Visit ThunderHill Farm's table at SRF in October and find your new favorite flavors.
- Homestead Glamour: All natural, no added water body butter, creams, soaps and beard oil.



VENDORS

- <u>Heartland Family Designs</u>: We have laser engraved tumblers, cups, leather patch hats, Ammo cans, slate and new reusable napkins.
- Body & Soul Massage: Tired and sore from all the walking, talking, and enjoying SRF? Stop by and visit Joy and get those kinks worked out!
- Rosie's Sweet Spirited Temptations: Be sure to visit Rosie for some handmade keto snacks made with local ingredients.
- <u>Haven Village</u>: Building Healthy Hemp Homes
- <u>The Laser Ham</u>: Your source for specialty radio antennas and accessories.
- Redemption Valley Apothecary & Hydration Station: Come experience living Kangen water, explore handcrafted herbal tinctures, browse inspiring books, and connect with Callie Blackwell for insights into true healing and sovereignty
- Centerville Farm: Locally adapted trees, shrubs and plants!
- DeVries Leather: Hand-crafted leather items: wallets, bags, belts and more!
- ReGeneration Station: With a mission is to build community and encourage our local economy, ReGeneration Station can't wait to join the fun at the market, offering soaps, lotions, body products, and more!



DIRECTIONS

Birdsong Marina 255 Marina Road Camden, TN 38320



FROM BIRDSON ROAD, LOOK FOR BIRDSONG MARINA AND
THE BIG SRF BANNER



ON-SITE CAMPING - INFORMATION

Tent Camping. This is FREE, included with your ticket, and allows 1 tent per customer. The sites are primitive with no water, sewer or electric. Customer has access to a bathhouse with hot showers and flushing toilets. Sleeping in vehicles is NOT allowed and there is to be NO vehicles on the grass. There is NO access to the pool or laundry. You DO NOT have to reserve your tent space.

Birdsong has added new paid "Glamping" options for my van and car camping folks:

- 1. Glamping. This is for sleeping in vehicles, truck bed tents, and vehicle top tents. These sites are on level gravel pads with NO water, sewer or electric. Customer has access to a bathhouse with hot showers and flushing toilets. Cost for this camping site is \$50 for 2 people, plus tax and credit card fee.
- 2. RV Camping. We offer level concrete lots with water, sewer and electric. Cost for this camping is \$67 plus tax and credit card fee for 2 people.

Please go to www.Birdsong.com to put in a reservation for Glamping or RV Camping. Click on reservations and then choose your camping type to fill out the request form.



FAQS

Where do I park?

- All participant parking is in designated areas at Birdsong
 Marina. There is an overflow lot directly off of Birdsong Rd with
 a short, five-minute stroll through the woods to get to the event
 camping area and event. A really good spot if you want easy
 access to your car while camping.
- Please leave valuables at home or carry them with you.
- Can I park my RV onsite?
 - Yes! You can rent an RV spot at Birdsong Marina.
 - <u>Birdsong Resort | Marina | Campground</u>
 - 255 Marina Road
 - Camden Kentucky Lake, Tennessee 38320-9699
 - **(731) 584-7880**
 - Call to make your reservation and use the coupon code SRF2025.



FAQS

Can I bring my kids?

- There is no discount for youngsters, but there is a family pass here.
- The SRF Kids and Teens Programs fill up fast so be sure to grab your tickets and sign your children up well in advance.

Can I bring my dog?

- The Marina allows well-behaved dogs and has designated dog poo areas. You must clean up after your pet.
- Certified service dogs are, of course, allowed. There will be some defense dog demos onsite so make the best decision for your companion's safety.

Bathrooms & Kitchens

- Attendee toilet facilities are outdoors in the form of porta-johns and a few on-site bathrooms with showers.
- There is no kitchen facility. If you want to cook or chill something, bring a stove and cooler.



FAQS

Necessities & Luxuries

- This is Self Reliance Festival: when you come, please be equipped to take care of yourself.
- The event is held just outside a small rural town. Everything takes place outdoors. While we rent some chairs, bring your own chair if you can, water bottles, clothing for Tennessee and the season, and all the things you need for comfort. Example: Mama Sauce needs a knitting project in order to listen carefully to a speech.
- Some attendees have found cellphone service spotty; others have no problem at all. There is no internet onsite unless you are a vendor. We will try to set up a device charging station.

WHAT TO BRING

- Chairs, water bottle, snacks, cash for vendors, notebook & writing utensils, etc.
- Prepare for a large swing in weather! Temperatures can vary GREATLY between day and night.
- You will be walking and standing on gravel all day. You may prefer thicker soled shoes to reduce fatigue and sore feet.
- Don't forget sun & bug protection: sunblock, hat, umbrella, etc.
- Cash is king when hitting up our vendors.
- Be open and willing to network with everyone you meet. You never know who you may be able to connect with.
- If you want to keep your water and snacks cool, feel free to bring a small cooler with you.



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GREAT AMERICAN PREPAREDNESS TOUR

DID YOU GET YOUR TOKEN FOR THE GREAT AMERICAN PREPAREDNESS TOUR CHRISTMAS PRIZE?



Field Canille